

February 2016 U12/13 Girls Pella League

Team A	Team B	Team C	Team D	Team E	Team F
Rebecca Mc Hale	Holly Duddy	Sophie Sheridan	Sophie O Brien	Moya O Connell	Sarah Finnegan
Grace Krisp	Laura Conroy	Katie Burke	Magdalena Burakiewicz	Orna Donnelly	Ciara Lydon
Aoibhean Barrett	Ellie Duddy	Sadbh Connelly	Aoife O Neill	Grace Cannon	Lucy Biggins
Augusta Cilidaskaite	Lara Philbin	Ailbhe O Loughlin	Aoife O Sullivan	Laura Finlay	Claire Langan
Sarah Conway	Rossie Smith	Lily Smith	Sinead O Sullivan	Rebecca Mellot-Connolly	Zuzanna Siedlecka

Schedule

Date	Kick-off Time	Match
Weds 3 rd Feb	5.15pm	E v B
	5.50pm	C v F
	6.25pm	A v D
Weds 10 th Feb	5.15pm	E v F
	5.50pm	B v A
	6.25pm	C v D
Weds 17 th Feb	5.15pm	F v B
	5.50pm	A v C
	6.25pm	D v E
Weds 24 th Feb	5.15pm	A v F
	5.50pm	E v C
	6.25pm	D v B
Weds 2 nd March	5.15pm	A v E
	5.50pm	D v F
	6.25pm	C v B
Weds 9 th March	5.15pm	5th/6th Playoff
	5.50pm	3rd/4th Playoff
	6.25pm	1st/2nd Playoff

Rules

- ❖ **Gum shields & runners must be worn.**
- ❖ Scoring: 3 points for a win, 2 points for a draw, 1 point for losing by three or less scores. In the event of a tie, final placings will be determined by total goals scored.
- ❖ 5-a-side games if both teams have 5 players. 4-a-side games if one or both teams have only 4 players. If any team has less than 4 players a temporary substitution from another team will be made if possible to facilitate a 4-a-side game. This may not always be possible so please make every effort to attend each week - your team needs you.
- ❖ Ladies Gaelic football rules apply for pick-up, handpass, movement with the ball, etc.
- ❖ A player is allowed two solos or a solo and a hop before they must pass or shoot.
- ❖ A player may score with a kick or a handpass - both count for one point.
- ❖ A player must be in the opposition's half to score.
- ❖ The ball may hit the side wall without penalty.
- ❖ If an attacking player hits the ball against the end wall, the defending team gains possession and re-starts the game from under their goal. Before the re-start no attacking player is allowed inside the blue semi-circle zone. If a defending player hits the ball off the end wall, the attacking team gains possession at centre court.
- ❖ Teams must have at least one player in each half of the court at all times. If a team fails to do so, the opposing team is awarded a free from the opposition's blue semi-circle.
- ❖ When a free is called the defending player must step back 5 paces from the free taker.
- ❖ A defender may block a player or attempt to strike the ball from her hands but no tackling allowed - i.e. no grabbing, pushing or striking an opposing player to any degree.
- ❖ A player guilty of persistent fouling or dangerous play will be sin binned for 3 minutes.

- **Venue:** Lakeside Sports & Fitness Club, Station Road, Ballinrobe.
- Players should arrive 10 minutes before the kick-off time for their match indicated on the schedule above. Matches will be 11 minutes a side with a half time break. Allowing for delays, players should be available for collection 30 minutes after kick-off time.
- €10 for rental of the hall to be paid on Wednesday 3rd February.