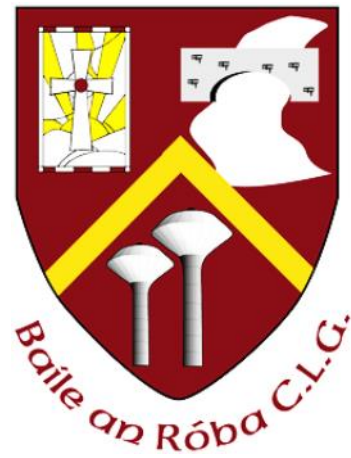


Welcome
to





Why be a member



Allows kids to have fun



It may be obvious that children play to enjoy themselves and have fun



Benefits members get

Increased confidence



Playing sport will provide each participant with confidence, and allow them to develop a real sense of achievement



Benefits members get



Becoming part of a team

Children like to feel as though they are part of a team or group.

It also challenges them to work as part of a group and to think of others



Benefits members get

Improved skills

Participating in sport helps children develop a range of skills including balance, coordination and agility





Benefits members get



Children that participate in sports are less likely to be overweight and suffer health problems



Value for money



40+ Training Sessions

Membership of GAA

Insurance